Resources

RESOURCES

- Achilles International – www.achillesinternational.org
- Adaptive Adventures – www.adaptiveadventures.org
- Adaptive Sports Center – www.adaptivesports.org
- Adaptive Sports Foundation – www.adaptivesportsfoundation.org
- American Amputee Foundation – www.americanamputee.org
- American Amputee Soccer Association – www.ampsoccer.org
- Amputee Coalition of America – www.amputee-coalition.org
- Center for Orthotics and Prosthetics Learning (COPL) – www.aopanet.org
- Challenged Athletes Foundation – www.challengedathletes.org
- Courage Kenny Rehabilitation Institute - https://account.allinahealth.org/servicelines/815
- Disabled American Veterans – www.dav.org
- Disabled Sports USA – www.dsusa.org
- HOPE, Inc. Paralympic Sport Fargo-Moorhead - www.hopeinc.org
- Limbs International – www.limbsinternational.org
- Limbs for Life Foundation – www.limbsforlife.org
- Meal Options:
  - Meals on Wheels – www.mealsonwheelsamerica.org
  - St. Cloud Hospital Home Delivered Meals Program – www.centracare.com/services/home-delivered-meals/
  - Catholic charities – www.ccstcloud.org
  - Mom's Meals – www.momsmeals.com
- MNchoices Assessment - https://mn.gov/dhs/people-we-serve/people-with-disabilities/services/home-community/programs-and-services/mnchoices.jsp
- Mobility Works – www.mobilityworks.com/blog/mobility-equipment-for-amputees
- National Amputee Golf Association – www.nagagolf.org
- National Center on Physical Activity and Disability – www.nchpad.org
- National Sports Center for the Disabled – www.nscd.org
- Paralympic Sport Twin Cities
- Ramps for construction or purchase/rental:
  - Flakne Construction * ramps and handrails
    - 700 10th Ave N
    - St. Cloud, MN 56303
    - **(612) 852-8789**
  - LiveAbility * modular ramps (metal)
    - Burnsville, MN
    - **(612) 315-0166**
    - They do service St Cloud area
    - Offer purchase and rental options
  - Ramps and More in Sartell *Rental Ramps and More
    - **(855) 397-2677**
    - randy@rampsandmore.com
    - www.rampsandmore.com

Resources

- Team River Runner Minneapolis - https://www.teamriverrunner.org/chapters/minnesota-minneapolis/
- Transportation Companies:
  - Care Cab **(320) 253-7729**
  - Reliant Transportation **(320) 281-5780**
  - Imed Mobility **(320) 403-9494**
  - Elite Transport Inc. **(320) 259-4066**
  - Tri Cap Dial a Ride **(320) 251-1612** or **(888) 765-5597**
  - Connex Travel (Sartell only – including CentraCare Plaza) **(320) 251-7433**
  - Dial A Ride / Metro Bus **(320) 251-1499**
  - Rainbow Rider **(800) 450-7770** (Services the following Counties: Douglas, Grant, Pope, Steves, Traverse, and Todd)
  - Patron Companies **(320) 345-5736**
  - Schu-Tran LLC **(320) 968-7478**
- United Amputee Services Association - https://askjan.org/organizations/United-Amputee-Services-Association-Inc.cfm
- USA Triathlon - www.usatriathlon.org
- Wheelchair Sports Federation – www.wheelchairsportsfederation.org
- Wiggle Your toes – www.wiggleyourtoes.org
- Wounded Warrior Project – www.woundedwarriorproject.org

PUBLICATIONS

- Amputee Golfer Magazine – Official publication of the National Amputee Golf Association, www.nagagolf.org
- First Step – Guide for adapting to limb loss. Published by Amputee Coalition of America. Included with an annual membership which also includes every other month "InMotion" magazine, www.amputee-coalition.org
- Challenge – Quarterly magazine publication of Disabled Sports USA, www.dsusa.org
- Challenged By Amputation: Embracing a New Life, Carol S. Wallace
- Coping With Limb Loss: Ellen Winchell
- Have Crutch Will Travel: The Adventures of a Modern Day Calamity Jane, Cale Kenney
- In a Single Bound: Sarah Reinersten
- It's Just A Matter of Balance: Kevin S. Garrison
- Living With A Below-Knee Amputation: A Unique Insight From a Prosthetist/Amputee
- Lower Limb Amputation: A Guide to Living a Quality Life, Adrian Christian
- One Step At a Time: A Young Woman's Inspiring Struggle to Walk Again, Lenor Madruga
- You're Not Alone: John Sabolich